



## **Professional Qualifications**

BS Business, Management and Economics Empire State College

Director of Bereavement Support for seven cemeteries in the Buffalo, NY area

Certified Grief Services Provider, Certified Grief Management Specialist

Certified Funeral Celebrant – Officiates at funeral services regularly

Regular columnist for YB News (Nomis Publications) Funeral & Cemetery News

Regular blogger on Legacy.com

Occasional columnist for ICCFA (International Cemetery, Cremation and Funeral Association) and Grief Digest Magazine

Conducted a research project with a local professor into the ways humor is used to help people cope when grieving titled: Humorous Communication During Bereavement: Intrapersonal and Interpersonal Emotion Management Strategies

Created a DVD and CD to help people who are grieving get relief from the overwhelming emotional pain of grief called: Bandages for Your Heart.

Author of a CareNote: Using Humor to Overcome Grief

Author of booklet: A Brief Exploration of Grief

Author of a book: If Stress Doesn't Kill You, Your Family Might

Contributing author in: Thin Threads: Mentors and Teachers

Contributing author in: Remembering Our Parents

Certified Laughter Leader – Conducted only laughter club held at a cemetery anywhere in the world

Have been on many local TV and national radio programs speaking about humor and grief